

Lauren J. Human

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ACADEMIC POSITIONS

2016 – Present	Tier II Canada Research Chair Social Perception & Expression	McGill University
2015 – Present	Assistant Professor Social & Personality Psychology Department of Psychology	McGill University
2013 – 2015	Postdoctoral Research Fellow Social & Health Psychology Department of Psychiatry Center for Health & Community	University of California, San Francisco
2012	Visiting Scholar Health & Personality Psychology Department of Psychology	Northwestern University
2011	Statistical Consultant Department of Psychology	University of British Columbia

EDUCATION

2013	Ph.D., Social & Personality Psychology Minor in Quantitative Methods	University of British Columbia
2009	M.A., Social & Personality Psychology	University of British Columbia
2007	B.A., Psychology	University of British Columbia

HONORS AND AWARDS

2015	Rising Star, Association for Psychological Science	
2015	Faculty Paper Presentation Grant, McGill University	
2013 – 2015	Postdoctoral Fellowship, Social Sciences & Humanities Research Council (SSHRC)	
2014	Tanaka Personality Psychology Dissertation Award Finalist	
2012	Michael Smith Foreign Study Supplement, SSHRC	
2010	Travel Award, Society for Personality and Social Psychology	
2009 – 2013	Four-Year Fellowship, University of British Columbia	
2009 – 2012	Joseph-Armand Bombardier Canada Graduate Scholarship – Doctoral, SSHRC	
2008 – 2009	Li Tze Fong Memorial University Graduate Fellowship, University of British Columbia	
2007 – 2008	Canada Graduate Scholarship - Master's, SSHRC	

FUNDING

- 2016-2020 Social Sciences and Humanities Research Council of Canada
Insight Grant
“*Consequences of first impressions: Examining the benefits of accuracy*”
Principal Investigator
- 2016-2019 Fonds de Recherche du Québec – Société et Culture
Establishment of New Research Professors Grant
“*Enhancing accurate social perception: Promoting authentic self-expression to benefit social interactions*”
Principle Investigator
- 2016-2018 Wake Forest University & Templeton Foundation
Moral Beacon Project
“*Morally exceptional in unexceptional circumstances: Identifying the mechanisms and consequences of moral exceptionality in everyday life*”
Co-investigator
(Principle Investigator: Erika N. Carlson; Co-investigator: Matthew Feinberg)

PEER-REVIEWED JOURNAL PUBLICATIONS

*Graduate Mentee; †Undergraduate Mentee

- Orehek, E., & Human, L. J. (2017). Self-expression on social media: Do tweets present accurate and positive portraits of impulsivity, self-esteem, and attachment style? *Personality and Social Psychology Bulletin*, 43, 60-70. doi: 10.1177/0146167216675332
- Magee, C., Buchtel, E., Human, L. J., Murray, D. R., & Biesanz, J. C. (2016). Is personality variability associated with adjustment? *Journal of Research in Personality*. Advance Online Publication. doi: 10.1016/j.jrp.2016.08.005
- Human, L. J., Chan, M., Ifthikhar, R., Williams, D., DeLongis, A., & Chen, E. (2016). Accuracy and positivity in adolescent perceptions of parent behavior: Links with adolescent psychological adjustment and proinflammatory profiles. *Social Psychological and Personality Science*, 7, 796-805. doi: 10.1177/1948550616660590
- Human, L. J., Dirks, M. D., DeLongis, A., & Chen, E. (2016). Congruence and incongruence in adolescents' and parents' perceptions of the family: Using response surface analysis to examine links with adolescent psychological adjustment. *Journal of Youth & Adolescence*, 45, 2022-2035. doi: 10.1007/s10964-016-0517-z
- Human, L. J., Thorson, K. R., & Mendes, W. B. (2016). Interactive effects between extraversion and oxytocin administration: Implications for positive social processes. *Social Psychological and Personality Science*, 7, 735-744. doi: 10.1177/1948550616644964
- Human, L.J., Whillans, A. V., Hoppmann, C., Klumb, P., Dickerson, S. S., & Dunn, E. W. (2015). Finding the middle ground: Curvilinear associations between positive affect variability and daily cortisol profiles. *Emotion*, 15, 705-720. doi: <http://dx.doi.org/10.1037/emo0000071>

- Aknin, L. B., & Human, L. J. (2015). Give a piece of you: Gifts that reflect givers promote closeness. *Journal of Experimental Social Psychology*, *60*, 8-16. doi: 10.1016/j.jesp.2015.04.006
- Human, L. J., Chan, M., DeLongis, A., Roy, L., Miller, G. E., & Chen, E. (2014). Parental accuracy regarding adolescent daily experiences: Relationships with adolescent psychological adjustment and inflammatory regulation. *Psychosomatic Medicine*, *76*, 603-610. doi: 10.1097/PSY.0000000000000105
- Aiken, A., Human, L. J., Alden, L. E., & Biesanz, J. C. (2014). Try to find me: Social anxiety and first impressions. *Behavior Therapy*, *45*, 851-862. doi: 10.1016/j.beth.2014.08.001
- Human, L. J., Biesanz, J. C., †Finseth, S., †Pierce, B., & †Le, M. (2014). To thine own self be true: Psychological adjustment promotes judgeability via personality-behavior congruence. *Journal of Personality and Social Psychology*, *106*, 286-303. doi: 10.1037/a0034860
- Human, L. J., & Biesanz, J. C. (2013). Targeting the good target: An integrative review of the characteristics and consequences of being accurately perceived. *Personality and Social Psychology Review*, *17*, 248-272. doi: 10.1177/1088868313495593
- Letzring, T. D. & Human, L. J. (2013). An examination of information quality as a moderator of accurate personality judgment: Information about thoughts and feelings and behaviors increases distinctive accuracy. *Journal of Personality*, *82*, 440-451. doi: 10.1111/jopy.12075
- Human, L. J., Sandstrom, G. M., Biesanz, J. C., & Dunn, E. W. (2013). Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development. *Social Psychological and Personality Science*, *4*, 395-402. doi: 10.1177/1948550612463735
- Human, L. J., Biesanz, J. C., Miller, G. E., Chen, E., Lachman, M., & Seeman, T. (2013). Is change bad? Personality change is associated with worse psychological well-being and greater metabolic syndrome in midlife. *Journal of Personality*, *81*, 249-260. doi: 10.1111/jopy.12002
- Human, L. J., & Biesanz, J. C. (2012). Accuracy and assumed similarity in first impressions of personality: Differing associations at different levels of analysis. *Journal of Research in Personality*, *46*, 106-110. doi: 10.1016/j.jrp.2011.10.002
- Human, L. J., Biesanz, J. C., †Parisotto, K. L., & Dunn, E. W. (2012). Your best self helps reveal your true self: Positive self-presentation results in more accurate personality impressions. *Social Psychology and Personality Science*, *3*, 23-30. doi: 10.1177/1948550611407689

- Human L. J., & Biesanz, J. C. (2011). Target adjustment and self-other agreement: Utilizing trait observability to disentangle judgeability and self-knowledge. *Journal of Personality and Social Psychology, 101*, 202-216. doi: 10.1037/a0023782
- Human L. J., & Biesanz, J. C. (2011). Through the looking glass clearly: Accuracy and assumed similarity in well-adjusted individuals' first impressions. *Journal of Personality and Social Psychology, 100*, 349-364. doi: 10.1037/a0021850
- Biesanz, J. C., Human, L. J., †Paquin, A.-C., †Chan, M., †Parisotto, K. L., †Sarracino, J. & †Gillis, R. L. (2011). Do we know when our impressions of others are valid? Evidence for realistic accuracy awareness in first impressions of personality. *Social Psychological and Personality Science, 2*, 452-459. doi: 10.1177/1948550610397211
- †Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (2010). What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality. *Psychological Science, 21*, 1777-1782. doi: 10.1177/0956797610388048
- Biesanz, J. C., & Human, L. J. (2010). The cost of forming more accurate impressions: Accuracy-Motivated perceivers see the personality of others more distinctively but less normatively than perceivers without an explicit goal. *Psychological Science, 21*, 589-594. doi: 10.1177/0956797610364121
- Dunn, E. W., Biesanz, J. C., Human, L., & Finn, S. (2007). Misunderstanding the affective consequences of everyday social interactions: The hidden benefits of putting one's best face forward. *Journal of Personality and Social Psychology, 92*, 990-1005. doi: 10.1037/0022-3514.92.6.990

CHAPTERS IN EDITED VOLUMES

- Human, L. J. (*in press*). *Interpersonal perception*. In K. Sweeny & M. L. Robbins (Eds.), *The Encyclopedia of Health Psychology, Volume 2 (The Social Bases of Health Behavior)*. Wiley.

CHAired CONFERENCE SYMPOSIA

- Carlson, E. N., & Human, L. J. (January, 2016). *Is it best to be accurate or biased? Real world consequences of self-knowledge and accurate interpersonal perceptions*, for the Society for Personality and Social Psychology
- Muscattell, K. A., & Human, L. J. (May, 2014) *Social Brains, social bodies: Linking neurobiology to perceptions of the social world*, for the Association for Psychological Science.
- Human, L. J., & Jackson, J. J. (February, 2014). *New insights on the effects of traits on health: The important role of social processes*, for the Society for Personality and Social Psychology

Chan, M., & Human, L. J. (February, 2014). *Dissecting social relationships and biological consequences: Interdisciplinary dyadic approaches*, for the Society for Personality and Social Psychology.

Carlson, E. N., & Human, L. J. (June, 2011). *Do you see what I see? Personality and contextual factors that affect accuracy in personality impressions*, for the Association for Research in Personality.

PEER-REVIEWED CONFERENCE TALKS

Human, L. J. (June, 2017). *Positive social evaluations and accurate personality impressions: When liking helps and when it hurts*. Paper to be presented at the Association for Research in Personality Annual Conference. Sacramento, CA.

Aknin, L. B. & Human, L. J. (January, 2017). *Give a piece of you: Gifts that reflect givers promote closeness*. Paper presented at the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.

Human, L. J., Geukes, K., Nestler, S., Back, M. D. (July, 2016). *The role of accuracy and bias in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the Society for Interpersonal Theory and Research Annual Conference. Berlin, Germany.

Human, L. J., Whillans, A., Hoppmann, C., Klumb, P., Dickerson, S. S., & Dunn, E. W. (June, 2015). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Paper presented at the Association for Research in Personality Meeting. St. Louis, MO.

Human, L. J., Thorson, K. R., Woolley, J., & Mendes, W. B. (April, 2015). *When two positives make a negative: Interactive effects of oxytocin administration and positive emotion inductions on affective and cognitive outcomes*. Paper presented at the Positive Emotions preconference at the Society of Affective Science meeting. Oakland, CA.

Human, L. J., Chan, M., DeLongis, A., Roy, L., Miller, G. E., & Chen, E. (August, 2014). *Parental accuracy regarding adolescent daily experiences: Associations with adolescent psychological adjustment and inflammatory regulation*. Paper presented at the International Congress of Behavioral Medicine. Groningen, Netherlands.

Human, L. J., Chan, M., DeLongis, A., Roy, L., Miller, G. E., & Chen, E. (May, 2014). *Parental perceptions and adolescent inflammatory regulation: The importance of accuracy*. Paper presented at the Association for Psychological Science meeting. San Francisco, CA.

Human, L. J., Chan, M., DeLongis, A., Roy, L., Miller, G. E., & Chen, E. (February, 2014). *Accurate perceptions & inflammatory processes: Parent-adolescent dyads*. Paper presented at the meeting of the Society for Personality and Social Psychology. Austin, TX.

Biesanz, J. C., Human, L. J., Sandstrom, G. S., & Dunn, E. W. (February, 2014). *Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development*. Paper presented at the meeting of the Society for Personality and Social Psychology. Austin, TX.

Human, L. J., Chan, M., Miller, G. E., & Chen, E. (January, 2013). *Accurate impressions of daily stressors in parent-child dyads are linked to greater glucocorticoid sensitivity in children*. Paper presented at the Social, Personality, and Health Pre-Conference data blitz at the meeting of the Society for Personality and Social Psychology. New Orleans, LA.

Human, L. J. & Biesanz, J. C. (May, 2012). *An open book: The role of judgeability in first impressions of personality*. Paper presented at the meeting of the Association for Psychological Science. Chicago, IL.

Human, L. J., Biesanz, J. C., Miller, G. E., Chen, E., Lachman, M., & Seeman, T. (January, 2012). *Is change bad? Personality change and the metabolic syndrome*. Paper presented at the Social, Personality, and Health Pre-Conference data blitz at the meeting of the Society for Personality and Social Psychology. San Diego, CA.

Human, L. J., Biesanz, J. C., & Dunn, E. W. (June, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Paper presented at the meeting of the Association for Research in Personality. Riverside, CA.

Human, L. J., & Biesanz, J. C. (January, 2010). *Accurate self-knowledge, expressive accuracy, and the relationship to adjustment*. Paper presented at the meeting of the Society for Personality and Social Psychology. Las Vegas, NV.

Human, L. J., & Biesanz, J. C. (June, 2009). *The benefits of seeing others as we are: The social accuracy model of interpersonal perception and the relationship between assumed similarity and adjustment*. Paper presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

INVITED CONFERENCE TALKS

Human, L. J., Geukes, K., Nestler, S., Back, M. D. (July, 2016). *The role of personality impressions in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the European Conference for Personality Psychology, Invited Symposium. Timisoara, Romania.

Human, L. J., (June, 2016). *The role of personality impressions in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the Canadian Psychological Association Social-Personality Pre-Conference. Victoria, BC.

Human, L. J. (January, 2016). *Health correlates and consequences of social perception*. Invited paper presented at the Social, Personality, and Health Pre-Conference to the Society for Personality and Social Psychology Annual Conference. San Diego, CA.

Human, L. J. (January, 2016). *Biological causes and consequences of social perception*. Invited paper presented at the Social Cognition Pre-Conference to the Society for Personality and Social Psychology Annual Conference. San Diego, CA.

Human, L. J., Sandstrom, G. S., Biesanz, J. C., & Dunn, E. W. (March, 2013). *Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development*. Paper presented at the meeting of the World Conference for Personality, Invited Symposium. Stellenbosch, South Africa.

Human, L. J. (June, 2010). *The social accuracy model of interpersonal perception: Assessing individual differences in perceptive and expressive accuracy*. Invited paper presented at the Canadian Psychological Association Social & Personality Pre-Conference. Winnipeg, MB.

CONFERENCE POSTER PRESENTATIONS

*Gazzard, L. C., McClure, M. J., Lydon, J. E., & Human, L. J. (January, 2017). *Blind at first sight? The role of romantic interest in the positivity and accuracy of first impressions*. Poster presented at the Emotion Preconference to the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.

*Heyman, J. L., Biesanz, J. C., & Human, L. J. (January, 2017). *Online social network use and in-person social interactions: Associations with the positivity and accuracy of personality impressions*. Poster presented at the Lifespan Social-Personality Preconference to the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.

Human, L. J., Whillans, A., Hoppmann, C., Dickerson, S. S., & Dunn, E. W. (April, 2014). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Poster presented at the inaugural meeting of the Society for Affective Science. Washington, DC.

Human, L. J., Biesanz, J. C., & †Finseth, S. (January, 2012). *How to be an open book: Examining the links between psychological adjustment and expressive accuracy*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. San Diego, CA

Human, L. J., Biesanz, J. C., †Parisotto, K. L., & Dunn, E. W. (January, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.

†Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (January, 2011). *What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.

Human, L. J., & Biesanz, J. C. (June, 2009). *The role of adjustment in perceptive and expressive accuracy*. Poster presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

Human, L. J., & Biesanz, J. C. (January, 2009). *Personality perception and personal and relationship well-being: The unique roles of differential and normative accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Tampa, FL.

Human, L. J., Jackson, J. J., & Biesanz, J. C. (January, 2008). *How do impressions change over time? Length of exposure and changes in differential and stereotype accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Albuquerque, NM.

Human, L. J., Dunn, E.W., & Biesanz, J. C. (January, 2007). *The hidden benefits of valentine's: How impressing your partner can improve your mood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Memphis, TN.

PROFESSIONAL TEACHING EXPERIENCE

Courses Taught

Fall 2016 Psyc 725: Social & Personality Psychology, McGill University
 Topic: Accurate Social Perception (Graduate Seminar)
Fall 2016 Psyc 535: Advanced Topics in Social Psychology, McGill University
 Topic: Accurate Social Perception (Undergraduate Seminar)
Winter 2016, 2017 Psyc 215: Introduction to Social Psychology, McGill University

Teaching Fellowships & Assistantships

2013 Psyc 217: Research Methods, University of British Columbia
2013 Psyc 218: Analysis of Behavioral Data, University of British Columbia
2010 Psyc 546E: Graduate Multiple Regression, University of British Columbia
2008, 2010 Psyc 359: Advanced Research Methods in Behavioural Sciences, University of British Columbia
2007 – 2013 Psyc 305: Personality Psychology, University of British Columbia

PROFESSIONAL ACTIVITIES

Associations

- 2007-present Society for Personality and Social Psychology (Division 8, APA)
- 2011-present Association for Research in Personality Psychology
- 2012-present Social Personality and Health Network
- 2012-present Association for Psychological Science
- 2014-present Society for Affective Science

Editorial Board Member

- 2017-present Journal of Personality and Social Psychology
- 2017-present European Journal of Personality

Ad Hoc Journal Reviewer

- Psychological Bulletin
- Perspectives on Psychological Science
- Current Directions in Psychological Science
- Personality and Social Psychology Review
- Journal of Personality and Social Psychology
- Social Psychological and Personality Science
- Personality and Social Psychology Bulletin
- Health Psychology
- Emotion
- Journal of Research in Personality
- Journal of Social Psychology
- Journal of Individual Differences
- British Journal of Social Psychology

Conference Proceedings

- 2016 Reviewer, Society for Personality and Social Psychology Symposia Submissions
- 2016 Reviewer, Canadian Psychological Association Symposium & Poster Submissions
- 2015 Reviewer, Society for Personality and Social Psychology Data Blitz Submissions
- 2014 Reviewer, Society for Personality and Social Psychology Poster Submissions

Grant Reviews

- 2016 Social Science and Humanities Research Council of Canada Insight Grants Competition

Departmental Service

- 2016 – ongoing Social Psychology Search Committee, McGill University
- 2016 – ongoing Human Participant Pool, Chair, McGill University
- 2015 – ongoing Masters-Level Tri-Council Fellowships Committee, CIHR applications, McGill University
- 2015 – 2016 Human Participant Pool Committee, McGill University
- 2010 – 2013 Volunteer, Graduate Student Council, University of British Columbia
- 2009 – 2010 Co-Chair, Psychfest Annual Departmental Conference, UBC
- 2008 – 2009 Co-Chair, Social-Personality Area Workshop Speaker Series, UBC

University Service & Activities

- 2015 – present Committee for Student Standing, Faculty of Science, McGill University
2016 Snappy Science Presentation, Canada Wide Science Fair, McGill University
2015 Soup & Science Presentation, Faculty of Science Orientation Week, McGill University
2015 Faculty of Science Research Presentation, McGill University

Broader Service

- 2017 – ongoing Women in Stem Mentor, Science Literary Week
2016 Round-table lunch host, “Navigating the Academic Job Market”
 Social, Personality, and Health Psychology Pre-conference to SPSP

ADVANCED QUANTITATIVE & METHODOLOGICAL TRAINING

- 2007 Advanced Statistics 1 with Dr. Ralph Hakstian
2008 Applied Multiple Regression with Dr. Jeremy Biesanz
2008 Advanced Methods in Social Psychology with Dr. Ara Norenzayan
2008 Multilevel Modeling with Dr. Jeremy Biesanz
2009 Research Methods in Health Psychology with Dr. Edith Chen
2010 Measurement and its Applications with Dr. Victoria Savalei
2011 Multivariate Statistics with Dr. Victoria Savalei
2011 Structural Equation Modeling with Dr. Victoria Savalei
2011 Health Psychology Seminar, Summer Institute for Social and Personality Psychology with Dr. Sally Dickerson & Dr. Traci Mann
2011 Secondary Data Analysis with Dr. Kali Trzesniewski
2012 Biological Basis of Health with Dr. Gregory Miller
2013 Psychophysiology Measurement and Scoring Tutorial with Dr. Wendy Berry Mendes